Sepide Miraj

Personal details:

Date of birth: 03/09/1982

Place of birth: shahrkord

Gender: Female

Citizenship: Iranian

Marriage status: Married

Specialty: Gynecologist (Iranian national Board)

Languages spoken: Farsi, English.

Mobile:

Email: miraj.sepideh@gmail.com

**بسمه تعالی**

**رزومه آموزشی- پژوهشی**

### 1ـ مشخصات فردي:

**نام: سپیده**  **نام خانوادگي: میرج**

**محل تولد: شهرکرد نام پدر:**

**سمت: عضو هیات علمی گروه زنان زایمان**

**پست الكترونيكي: miraj.sepideh@gmail.com**

#### 1ـ اطلاعات تحصيلي:(آخرين مدرك تحصيلي)

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| **مدرک تحصیلی** | **رشته** | **سال شروع** | | **سال خاتمه** | **شهر/دانشگاه** | **نمره پایان نامه** | | **معدل کل** |
| **فلوشیپ ناباروری** | **ناباروری** | | **92** | **94** | **صدوقی یزد** | **18** |  | |
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**2- فعاليت‏هاي آموزشی :**

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| **نام موسسه یا دانشگاه** | **عنوان درس** | **ساعات تدریس** | **سنوات تدریس** | **مقطع** |
| **علوم پزشکی شهرکرد** | **تئوری زنان** | **30** | **1/1/81 تا 29/12/81** | **استاژر-اینترن** |
| **علوم پزشکی فسا** | **واحد عملی زنان و زایمان** | **35** | **1/1/82 تا 29/12/82** | **استاژر-اینترن** |
| **علوم پزشکی ایلام** | **واحد عملی زنان و زایمان** | **553** | **83 تا 87** | **استاژر-اینترن** |
| **علوم پزشکی ایلام** | **تئوری زنان** | **105** | **83 تا 87** | **استاژر-اینترن** |
| **علوم پزشکی شهرکرد** | **تئوری زنان** | **305** | **88 تا 97** | **استاژر-اینترن** |
| **علوم پزشکی شهرکرد** | **واحد عملی زنان و زایمان** | **2025** | **88 تا 97** | **استاژر-اینترن** |
| **دانشگاه علوم پزشکی قم** | **واحد عملی زنان و زایمان** | **101** | **1/7/97 تا 30/10/97** | **اینترن-استاژر** |
| **دانشگاه علوم پزشکی قم** | **واحد عملی زنان و زایمان** | **207** | **1/1/98 تا 31/6/98** | **اینترن-استاژر** |
| **دانشگاه علوم پزشکی قم** | **واحد عملی زنان و زایمان** | **85** | **1/11/97 تا 29/12/97** | **اینترن-استاژر** |
| **دانشگاه علوم پزشکی قم** | **تئوری بیماری زنان** | **15** | **1/11/97 الی 29/12/97** | **اینترن-استاژر** |
| **دانشگاه علوم پزشکی قم** | **تئوری بیماری زنان** | **20** | **1/3/98 الی 31/4/98** | **اینترن-استاژر** |
| **دانشگاه علوم پزشکی قم** | **کارآموزی بهداشت** | **2** | **دی ماه 97** | **اینترن-استاژر** |

#### 3ـ فعاليت‏هاي پژوهشي:

**3-1) مقالات چاپ شده در مجلات معتبر داخلي يا بين المللي :**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **رديف** | **عنوان مقاله** | **مشخصات نشريه** | | | | **اسامي همكاران به ترتيب اولويت**  **(شامل نام متقاضي)** |
| **نام نشريه** | **نوع امتياز** | **سال** | **شماره** |
|  | Study of pharmacological effect of Avena sativa: A review | Scholar Research Library |  | 2016 | 9 | Sepideh Miraj1 and Sadegh Kiani |
| 1. **22** | Interleukin-1 B Gene polymorphisms in  Iranian Patients with Uterine Fibroid, A CaseControl Study | BIOSCIENCES BIOTECHNOLOGY RESEARCH ASIA |  | 2015 | 12 | Fatemeh Taghizade Mortezaee1, Morteza Hashemzadeh Chaleshtori1,  Soleiman Kheiri2, Effat Farrokhi1, Laleh Shariati3,  Mohammad Amin Tabatabaiefar1, 4 and Sepideh Miraj5 |
|  | Overview of Flaxseed Patent Applications for the prevention and treatment of  human cancer | Scholar Research Library |  | 2016 | 14 | Sepideh Miraj |
|  | Therapeutic effects of Rheum palmatum L. (Dahuang): A systematic review | Scholar Research Library |  | 2016 | 13 | Sepideh Miraj |
|  | The role of medicinal plants in the treatment of diseases:  A systematic review of Calendula officinalis | Scholar Research Library |  | 2016 | 14 | Sepideh Miraj |
|  | Study of pharmacological effect of Verbena officinalis Linn: A review | Scholar Research Library |  | 2016 | 9 | Sepideh Miraj1 and Sadegh Kiani |
|  | A review study of therapeutic effects of Peganum harmala | Scholar Research Library |  | 2016 | 13 | Sepideh Miraj1 |
|  | A review study of therapeutic effects of Myrtus communis | Scholar Research Library |  | 2016 | 9 | Sepideh Miraj1 |
|  | Broccoli (Brassica Oleracea var. Italica): Potential candidate in the health  management | Scholar Research Library |  | 2016 | 8 | Sepideh Miraj1 |
|  | Pharmacological effect of Actiumlappa: A review study | Scholar Research Library |  | 2016 | 8 | Sepideh Miraj1\* and Zahra keivani |
|  | Phytochemical composition and in vitro pharmacological activity of rose hip  (Rosa canina L.) | Der Pharma Chemica |  | 2016 | 8 | Sepideh Miraj |
|  | Lavandula stoechas L: A systematic review of medicinal and molecular  perspectives | Scholar Research Library |  | 2016 | 8 | Sepideh Miraj1 |
|  | A Medicinal plant with antioxidant activity in Iranian folk medicine:  Amaranthus | Scholar Research Library |  | 2016 | 14 | Sepideh Miraj1 |
|  | Cassia fistula Linn: Evidence for pharmaceutical applications | Scholar Research Library |  | 2016 | 14 | Sepideh Miraj1 |
|  | Study of pharmacological effect of Ocimum basilicum: A review | Scholar Research Library |  | 2016 | 9 | Sepideh Miraj1 |
|  | A systematic review on the Heracleum persicum effect and efficacy profiles | Scholar Research Library |  | 2016 | 14 | Sepideh Miraj1 |
|  | Chemical composition and pharmacological effects of Sambucus nigra | Scholar Research Library |  | 2016 | 13 | Sepideh Miraj1 |
|  | Study of antibacterial, antimycobacterial, antifungal, and antioxidant  activities of Foeniculum vulgare: A review | Scholar Research Library |  | 2016 | 9 | Sepideh Miraj1\* and Zahra keivani |
|  | Influence of the CYP1B1 gene polymorphisms and uterine leiomyoma risk in  Iranian women International Journal of Biosciences | International Journal of Biosciences | IJB | |  | 2015 | 8 | Mojdeh Sedighi1, Shima Karimnejad1, Batol Farhadi1, Morteza Hashemzadeh  Chaleshtori1, Masoud Amiri2, **Sepideh Miraj** |
|  | Comparison of the Effects of Myrtus  Communis L, Berberis Vulgaris and  Metronidazole Vaginal Gel alone for the  Treatment of Bacterial Vaginosis | Journal of Clinical and Diagnostic Research |  | 2016 | 3 | ManSOureh MaSOudi1, **Sepideh Miraj**2, MahMOud rafieian-KOpaei3 |
|  | Comparison of the Effects of Vaginal  Royal Jelly and Vaginal Estrogen on  Quality of Life, Sexual and Urinary  Function in Postmenopausal Women | Journal of Clinical and Diagnostic Research |  | 2016 | 5 | ManSOureh MaSOudi1, **Sepideh Miraj**2, MahMOud rafieian-KOpaei3 |
|  | Lack of Association between ESR1 and CYP1A1 Gene  Polymorphisms and Susceptibility to Uterine Leiomyoma  in Female Patients of Iranian Descent | CELL JOURNAL |  | 2014 | 2 | Fatemeh Taghizade Mortezaee, M.Sc.1, Mohammad Amin Tabatabaiefar, Ph.D.2, Morteza  Hashemzadeh Chaleshtori, Ph.D.1**, Sepideh Miraj, M.D**. |
|  | Polymorphisms of p53 promoter and susceptibility to uterine leiomyoma | Revised manuscript accepted for publication |  | 2015 | 9 | E. Ziaei, M.H. Chaleshtori, A. Ziaei, G.B. Dehkordi, A. Pooryamofrad, S. Kashani, M. Batenipoor,  S. Miraj |
|  | Efficacy of Intrauterine infusion of granulocyte colony  stimulating factor on patients with history of  implantation failure: A randomized control trial |  |  | 2016 | 11 | Maryam Eftekhar1 M **Sepideh Miraj1**, Maryam Farid Mojtahedi3 M.D., Nosrat Neghab1  M.D. |
|  | The impact of Silymarin on improvement of platelet abnormalities in patients with severe preeclampsia | Electronic Physician |  | 2016 | 8 | Fahimeh Kaveh Baghbahadorani1**, Sepideh Miraj** |
|  | The Abortificient Effects of Hydroalcoholic Extract of Lawsonia Inermis on BALB/c Mice | Electronic Physician |  | 2016 | 8 | Ramin Esteki1**, Sepideh Miraj** |
|  | Comparison between the efficacy of metronidazole vaginal gel and Berberis vulgaris (Berberis vulgaris)  combined with metronidazole gel alone in the treatment of bacterial vaginosis | Electronic Physician |  | 2016 | 8 | Mansoure Masoudi1, Mahmoud Rafieian Kopaei2, **Sepideh Miraj3** |
|  | A scientific correlation between dystemprament in Unani medicine and diseases: a systematic review | Electronic Physician |  | 2016 | 11 | Sepideh Miraj1, Sara Kiani2 |
|  | The Impact of Silymarin on Improvement of Hepatic Abnormalities in Patients with Severe Preeclampsia:  A Randomized Clinical Trial | Electronic Physician |  | 2017 | 8 | Fahimeh Kaveh Baghbahadorani1, Sepideh Miraj2 |
|  | Effect of adding human chorionic gonadotropin to  frozen thawed embryo transfer cycles with history of  thin endometrium | International Journal of Reproductive BioMedicine |  | 2016 | 1 | Robab Davar1 M.D., Sepideh Miraj1, 2 M.D. Maryam Farid Mojtahedi1 M.D |
|  | The effect of luteal phase gonadotropin-releasing  hormone antagonist administration on IVF outcomes  in women at risk of OHSS | International Journal of Reproductive BioMedicine |  | 2016 | 8 | Maryam Eftekhar1 M.D., Sepideh Miraj1, 2 M.D., Zahrasadat Mortazavifar |
|  | Efficacy of Intrauterine infusion of granulocyte colony  stimulating factor on patients with history of  implantation failure: A randomized control trial | International Journal of Reproductive BioMedicine |  | 2016 | 11 | Maryam Eftekhar1 M.D., Sepideh Miraj1, 2 M.D., Maryam Farid Mojtahedi3 M.D., Nosrat Neghab |
|  | Final follicular maturation by administration of GnRH  agonist plus HCG versus HCG in normal responders in  ART cycles: An RCT | International Journal of Reproductive BioMedicine |  | 2017 | 7 | Maryam Eftekhar 1, 2 M.D., Maryam Farid Mojtahedi3 M.D., Sepideh Miraj4 M.D., Malihe Omid |
|  | Effects of single dose GnRH agonist as luteal support  on pregnancy outcome in frozen-thawed embryo  transfer cycles: an RCT | International Journal of Reproductive BioMedicine |  | 2015 | 8 | Robab Davar M.D., Maryam Farid Mojtahedi M.D., Sepideh Miraj |
|  | The effect of luteal phase gonadotropin-releasing  hormone antagonist administration on IVF outcomes  in women at risk of OHSS | International Journal of Reproductive BioMedicine |  | 2016 | 8 | Maryam Eftekhar1 M.D., Sepideh Miraj1, 2 M.D., Zahrasadat Mortazavifar |
|  | Efficacy of Intrauterine infusion of granulocyte colony  stimulating factor on patients with history of  implantation failure: A randomized control trial | International Journal of Reproductive BioMedicine |  | 2016 | 11 | Maryam Eftekhar1 M.D., Sepideh Miraj1, 2 M.D., Maryam Farid Mojtahedi3 M.D., Nosrat Neghab |
|  | Comparison of the Effects of Vaginal  Royal Jelly and Vaginal Estrogen on  Quality of Life, Sexual and Urinary  Function in Postmenopausal Women | Journal of Clinical and Diagnostic Research |  | 2016 | 5 | Fatemeh Seyyedi1, mahmOud RaFieian-KOpaei2 , Sepideh miRaj |
|  | Efficacy of Intrauterine infusion of granulocyte colony  stimulating factor on patients with history of  implantation failure: A randomized control trial | International Journal of Reproductive BioMedicine |  | 2016 | 11 | Maryam Eftekhar1 M.D., Sepideh Miraj1, 2 M.D., Maryam Farid Mojtahedi3 M.D., Nosrat Neghab |
|  | Effects of single dose GnRH agonist as luteal support  on pregnancy outcome in frozen-thawed embryo  transfer cycles: an RCT | International Journal of Reproductive BioMedicine |  | 2015 | 8 | Robab Davar M.D., Maryam Farid Mojtahedi M.D., Sepideh Miraj M.D. |
|  | Efficacy of transvaginal perfusion of  granulocyte colony stimulating factor on  recurrent implantation failure: Randomized  control trial | Iranian Journal of Reproductive Medicine, |  | 2015 | 4 | Miraj S1, 2, Eftekhar M2, Farid Mojtahedi M |
|  | Final follicular maturation by administration of GnRH  agonist plus HCG versus HCG in normal responders in  ART cycles: An RCT | International Journal of Reproductive BioMedicine |  | 2017 | 7 | Maryam Eftekhar 1, 2 M.D., Maryam Farid Mojtahedi3 M.D., Sepideh Miraj4 M.D., Malihe Omid |
|  | The in vitro fertilization outcome and luteal  phase GnRH antagonist administration | Iranian Journal of Reproductive Medicine, |  | 2015 | 4 | Eftekhar M1, Miraj S |
|  | Comparison of the Effects of Myrtus  Communis L, Berberis Vulgaris and  Metronidazole Vaginal Gel alone for the  Treatment of Bacterial Vaginosis | Journal of Clinical and Diagnostic Research |  | 2016 | 3 | ManSOureh MaSOudi1, Sepideh Miraj2, MahMOud rafieian-KOpaei |
|  | Study of pharmacological effect of Mentha pulegium: A review | Scholar Research Library  Der Pharmacia Lettre |  | 2016 | 9 | Sepideh Miraj1 and Sadegh Kiani |
|  | A review of chemical components and pharmacological effects of Melissa officinalis L | Der Pharmacia Lettre |  | 2016 | 6 | Miraj, S., Azizi, N., Kiani, S |
|  | Astragalus membranaceus: A review study of its anti-carcinoma activities | Der Pharmacia Lettre |  | 2016 | 6 | Miraj, S., Azizi, N., Kiani, S |
|  | [Effect of olive oil in preventing the development of pressure ulcer grade one in intensive care unit patients](https://scholar.google.com/citations?view_op=view_citation&hl=fa&user=4T8c2oEAAAAJ&sortby=pubdate&citation_for_view=4T8c2oEAAAAJ:p2g8aNsByqUC) | nternational journal of preventive medicine 11 |  | 2020 | 11 | S Miraj, S Pourafzali, ZV Ahmadabadi, Z Rafiei‏ |
|  | [Healing effect of Quercus persica and Lawsonia inermis ointment on episiotomy wounds in primiparous women](https://scholar.google.com/citations?view_op=view_citation&hl=fa&user=4T8c2oEAAAAJ&sortby=pubdate&citation_for_view=4T8c2oEAAAAJ:u9iWguZQMMsC) | journal of Research in Medical Sciences: The Official Journal of Isfahan …‏ |  | 2020 |  | S Zibanejad, S Miraj, MR Kopaei‏ |
|  | [Plasma levels of miR-27a, miR-130b, and miR-301a in polycystic ovary syndrome‏](https://scholar.google.com/citations?view_op=view_citation&hl=fa&user=4T8c2oEAAAAJ&sortby=pubdate&citation_for_view=4T8c2oEAAAAJ:Tiz5es2fbqcC) | International Journal of Molecular and Cellular Medicine 9 (3), 198‏ |  | 2020 |  | ZPF Tabrizi, S Miraj, S Tahmasebian, S Ghasemi |
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**3-2) مقالات پذيرفته شده در همايش­هاي علمي:**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **رديف** | **عنوان مقاله** | **مشخصات همايش** | | | | **اسامي همكاران به ترتيب اولويت**  **(شامل نام متقاضي)** | **نوع ارائه** | |
| **نام همايش** | **سطح\*** | **محل برگزاري** | **سال** |
| **1** |  |  |  |  |  |  |  |

**3-4) طرحهاي پژوهشي تصویب شده در حال اجرا :**

**3-5) تأليف یا تصنیف،ترجمه و تدوین كتاب:**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **رديف** | **عنوان كتاب** | **نوع كتاب** | | | **تاريخ اولین چاپ** | **ناشر** | **اسامي همكاران به ترتيب اولويت (شامل نام متقاضي)** | **امتياز** |
| **تأليف** | **ترجمه** | **تدوین** |

**3-6) داوری طرحهای پزوهشی و پایان نامه ها**

|  |  |  |  |
| --- | --- | --- | --- |
| **رديف** | **داوری مقالات** | **تاریخ** | **امتياز** |
| **1** | بررسی میزان مصرف وتاثیرگیاهان دارویی خاص (زعفران،تخم شوید،گل مغربی) برپیامدهای دوران بارداری درمادران باردار مراجعه کننده به بیمارستان های آموزشی استان قم درسال1401 | 1400/12/16 |  |
| **2** | بررسی مقایسه‌ای میزان کاهش عفونت زخم در سزارین‌های اورژانس یا الکتیو با استفاده از جنتامایسین زیرجلدی در بیماران مراجعه‌کننده به بیمارستان خیرین سلامت در سال 1401 | 1400/11/16 |  |
| **3** | بررسی تطابق یافته های پاتولوژی کیستهای تخمدان با یافته‌های سونوگرافی قبل از جراحی بیماران مراجعه‌کننده به بیمارستان‌های آموزشی استان قم | 10/012/1400 |  |
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**ک) تشویق ها، جوایز و تقدیرها**

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| --- | --- | --- | --- | --- |
| **عنوان** | **علت دریافت** | **محل دریافت** | **مقام اعطا کننده** | **تاریخ دریافت** |
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**- سابقه فعالیت های اجرایی و عضویت در کمیته ها و شوراها**

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| --- | --- | --- | --- |
| **سمت** | **مکان** | **ازتاریخ** | **تا تاریخ** |
| هیئت علمی استادیار | دانشگاه علوم پزشکی ایلام | 81 | 87 |
| هیئت علمی دانشیار | دانشگاه علوم پزشکی شهرکرد | 87 | 96 |
| ریاست بیمارستان | مصطفی خمینی | 82 | 87 |
| مدیر گروه زنان و زایمان | دانشگاه علوم پزشکی ایلام | 82 | 87 |
| عضو کمیته مرگ و میر | دانشگاه علوم پزشکی ایلام و شهرکرد | 82 | 94 |
| عضو کمیسیون ماده 20 | دانشگاه علوم پزشکی ایلام | 82 | 87 |
| عضو کمیته پژوهشی | دانشگاه علوم پزشکی شهرکرد | 89 | 92 |
| عضو پزشکی قانونی | دانشگاه علوم پزشکی ایلام | 89 | 91 |
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شرکت در کنگره –همایش- کارگاه

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| --- | --- | --- |
| عنوان | مکان | تاریخ |
| کارگاه مشکلات کف لگن | بیمارستان امام خمینی | اردیبهشت 95 |
| کنگره تولید مثل | مرکز همایشهای رازی | اردیبهشت97 |
| کارگاه تئوری لاپاراسکوپی و هیستروسکوپی | مرکز همایشهای رازی | اردیبهشت 97 |
| کارگاه سونوگرافی |  |  |